



The Inner Court: Closeup of the Basic Self (Best Practices in Energy Medicine Series)

Bruce Dickson MSS

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Building on Your Habit Body, An Owner's Manual, archetypes map to our brain in a stable fashion, across all persons, for our entire lives. This occurs in BOTH our gut brain and cerebral brains, an insight tested by the author in client sessions since 2001. That stable characteristics can be mapped to brain quadrants was first noted in the 1970s with Ned Herrmann. Each quadrant has a distinct character. One version: Mother, Child, Grandparent, Father. All Unconscious Patterns are invisible. Until around 1990 we had no reliable method to access and navigate them. This reports on what's been learned after 25 years of muscle testing experiments among several holistic practitioners. Each quadrant is in the same position in all people. Each quadrant has the same archetypal character in all people. How you express your inner Mother, inner Father, inner Child and inner Wise-accepting Grandparent will be unique to you. Our internal quadrant systems are stable yet not visible on any dissecting table. They are stable in our etheric body, logical levels that are testable, yet not well understood. Our immune system navigates in part by these quadrants. Inner Court builds on and expands the work of Ned Herrmann, Katherine Benziger and Bertrand Babinet of Babinetics. In-utero to just before puberty, the locus of control in our psyche is our gut brain in theta. The task of this period is amassing self-esteem (Conception Vessel). After puberty, locus of control shifts from gut brain in front and below to brain-spine above and in back. The task of adulthood is to refine self-concept (Governing Vessel). As gut brain~cerebral brain are body-based, so are their respective quadrant systems. This is the first level of a more complex view, the Fractal Psyche. Q: What's it good for? A: With muscle testing of any kind, everyday disturbances can be tracked back to their quadrant of origin, a tremendous advance of Holistic Psychology. With self-testing of any kind, if you can feel a disturbance?and locate it--you can heal it. The four archetypal characters of Camelot, Guinevere, Lancelot, Merlin & King Arthur (GLMA) have long-served as lenses for insight into our own subconscious role playing. Add muscle testing, and it's possible to see where our habits and comfort zones are running us; and if we need to, to initiate changes. Functional~dysfunctional expressions of each member of the Inner Court are provided. The Inner Court brings much light to many previous mysteries: - The limitations of "right and left brain" are completed here in a quadrant system, - Personality typology in general is clarified, - The connection between neurotransmitter production and the Inner Court becomes clear, - The classic Supporter, Promoter, Analyzer, Controller typologies, - MBTI ideas of how personality is formed thru preferences, - Aristotle's & Rudolf Steiner's four Temperaments, - The pioneering work of Ned Herrmann & Katherine Benziger is clarified and made more artistic. The Inner Court model is appropriate to grad students and ANYONE interested in counseling, coaching, training, sales and personal growth. Find articles on the Inner Court at HealingToolbox.org

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