



Theoretical Foundations Of Health Education And Health Promotion

Manoj Sharma, John A. Romas

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Theoretical Foundations of Health Education and Health Promotion, Second Edition, introduces students to common theories from behavioral and social sciences that are currently being used in health education and promotion. Each discussion of theory is accompanied by a practical skill-building activity in the context of planning and evaluation and a set of application questions that will assist the student in mastering the application of the theory. With its accessible language, this text helps students grasp new theories easily and shows them how to use these theories effectively when designing programs in community, school, worksite, or patient care settings.

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