



# Over and Over Again: Understanding Obsessive-Compulsive Disorder

*Fugen Neziroglu, Jose A. Yaryura-Tobias*

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Obsessive-compulsive disorder (OCD) affects roughly six million Americans. Its symptoms, ranging from repetitive handwashing to preoccupation with sexual, religious, or aggressive impulses, wreak havoc in people's lives, and often cause severe emotional and economic loss. This sensitive and insightful book, the result of the authors' years of research and experimentation, is a much needed survival manual for OCD sufferers and the families and friends who share their pain. With answer to the 100 most often asked questions, this classic work combines the latest in scientific knowledge with supportive case histories and practical suggestions for help, and offers new hope to those touched by this insidious and widespread malady.

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