



The Babytalk Insider's Guide to Your Baby's First Year

Babytalk Magazine

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A cross between the bestsellers in this category, *The Girlfriend's Guide to Surviving the First Year of Motherhood* (with secrets from other moms), and *What to Expect the First Year* (with advice from experts) -- this is a comprehensive first-year guide from the editors of the critically-acclaimed parenting magazine. Complete with problem-solving strategies; step-by-step instructions; and quick tips and sidebars; this is the only first-year guide that you will ever need -- from the magazine that is the Bible for new moms who have turned to it for generations.

Topics include breastfeeding, basic development, sleep, language development, attachment, immunizations and common health problems and solutions. The book offers a combination of expert advice ("the right way") from well-known parenting gurus, as well as "the other ways," a spinoff of the magazine's wildly popular column packed with innovative tricks from other new moms. Chapters like "Sleep and the Lack of It" and "The No-Panic Guide to Health Emergencies" offer a fresh and reassuring voice that provides new moms with the guidance they need. This is sure to become the new go-to guide for new moms everywhere.

ABOUT THE AUTHOR

Susan Kane is the editor-in-chief of Babytalk magazine. She frequently appears on national television on behalf of Babytalk, discussing issues ranging from affordable daycare to new trends in baby gear. She lives in Chappaqua, New York, with her husband and two children.

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