



# The Power of Positive Thinking for Young People

*Dr. Norman Vincent Peale*

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## **The Power of Positive Thinking for Young People** Dr. Norman Vincent Peale

'Trust yourself. You cannot be successful or happy without confidence in your own powers and abilities. To succeed you need self-confidence ...this book will help you to believe in yourself and release your inner powers' - Norman Vincent Peale in chapter 1. Be who you want to be - and get the life you want to live. This book is a carefully adapted version of "The Power of Positive Thinking", one of the most inspiring bestsellers of all time. It aims to help young people to use the power of positive thinking to build successful lives. Dr Peale gets right to the heart of the most common problems faced by teenagers, and offers a series of practical steps for solving them. He provides young people with the positive approach needed to achieve the major goals in life, showing them how to maximise their talent and energies, to give them confidence when they need it most.

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