



# Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents

*David Capuzzi*

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## **Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents** David Capuzzi

Youth at Risk, Fifth Edition is the latest version of this best-selling text, which examines the challenges that can arise during the often difficult transition between adolescence and adulthood. Part I of this book focuses not only on identifying and defining the problem, but also on fostering and supporting resiliency in teens. Part II examines the causes of at-risk behaviors, and Part III contains prevention and intervention strategies useful for dealing with common issues and behaviors that can manifest during adolescence. Selected chapters include case studies that explore prevention efforts from individual, family, school, and community perspectives.

Renowned counselors David Capuzzi and Douglas Gross and 25 contributing authors provide the most current information and techniques for addressing dysfunctional family dynamics, low self-esteem, mood disorders, stress and trauma, eating disorders, suicidal behavior, teen sexuality, the needs of queer youth, gang membership, school violence, substance abuse, homelessness, and school dropout. A new chapter, "I'll Cry Tomorrow": Diverse Youth and the Scars That Don't Show, has been added to this edition to provide a detailed look at the unique stressors faced by ethnic minority youth.

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