



Amazing Gluten-Free Vegan Recipes For Healthy Eating And Weight Loss "The Delicious Way" (Gluten-Free Vegan Diet Book 1)

Lisa Brown

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How To Make Amazingly Delicious Gluten-Free Vegan Dishes For Healthy Eating And Weight Loss Using Only *Easy-To-Find* Ingredients From Your Local Supermarket...

Dear Friend,

If you'll decide to invest in this manual then this probably going to turn out to be the most delicious and healthiest move you've ever made in the field of buying cookbooks. Here is why:

Does not matter, if you just started Vegan diet or you adopted it long ago. This gluten-free vegan cookbook will be suitable for all! Discover 30 amazing Gluten-Free Vegan recipes for healthy eating and weight loss.

Recipes are very simple and you don't need to have extensive knowledge of cooking to use them. And majority of ingredients for the recipes, presented in this cookbook, can be found in your local supermarket...

Living The Gluten-Free Vegan Lifestyle Just Got Easier

Now with "*Gluten-Free Vegan Diet: Amazing Gluten-Free Vegan Recipes For Healthy Eating And Weight Loss*" you can enjoy all the health benefits of the gluten-free vegan diet "the delicious way!" From easy breakfast, savory entrées, hearty and warming soups... to tasty side dishes, and enticing desserts for everybody! Even to the most seasoned foodie!

Not only that, but also every recipe you are about to learn is tried-and-true. The recipes are full of fresh and natural ingredients. **All the recipes have below 300 calories, high in fiber, and low in sugar and saturated fat.**

Recipes from this cookbook should remove almost every single roadblock that has ever stopped you from making healthy and more importantly delicious meals. This is sure to become **your go-to resource** time and time again!

Just Look At The Variety Of Recipes You'll Enjoy When You Get This Cookbook:

1. Pumpkin Curry Over Quinoa
2. Zucchini Pasta With Cajun
3. Cauliflower And Olives In Puttanesca Sauce
4. Black Bean And Butternut Squash Skillet Enchilada
5. Spicy Kung Pao Tofu With Roasted Peanuts
6. Spanish-Style Rice With Black Beans And Tomato
7. Asparagus And Feta Quiche
8. Tofu Quinoa And Veggie Balls
9. Tofu Quiche
10. Tofu And Greens Stir Fry
11. Banana Oat Pancakes
12. Cheesy Vegan Frittata
13. Almond Meal Muffins With Banana
14. Soya Milk And Chia Seed Pudding
15. Vegan Breakfast Bars
16. Garlic And Squashed Potatoes With Rosemary
17. Brussels Sprout Roast
18. Onion Fritters
19. Roasted Cauliflower Poppers
20. Tangy Radish Roast
21. Roasted Zucchini, Peppers, And Tomato Soup
22. Broccoli Soup With Coconut Milk
23. Sweet Potato Soup With Roasted Cauliflower
24. Spicy Gazpacho
25. Cabbage Dim Sum Soup
26. Black Bean Brownies
27. Tofu Chocolate Mousse
28. Macadamia Date Balls With Coconut And Lemon
29. Coconut Chocolate Balls
30. Protein Fudge Bars With Homemade Nutella™

Come closer: Recipes from this cookbook have already generated hundreds of compliments from friends and family for me, my friends and that very select group of people who subscribe to my newsletter. And you can now receive all these incredible recipes and other info for practically nothing. **Think about it:** It's less than ten cents (\$0.09) per recipe!

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Amanda Acuna:

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Laurence Asher:

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