



Lead With Your Heart: A Doctor's Rx For Personal & Professional Success

Farzana Haffizulla

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Lead with Your Heart is American Medical Women's Association (AMWA) President Dr. Farzanna Haffizulla's prescription for achieving success in every area of your life. Whether taking a patient's medical history, making one of her numerous TV appearances, attending one of her four children's school events, or helping her physician husband tend their backyard vegetable garden, "lead with your heart" is the doctor's MO. Dr. Haffizulla also attributes much of her success to the power of intuition. She is quick to add, however, that "your life purpose may appear in your visions or dreams, but in order to make it all happen, you will need to establish a solid foundation that includes a good education, advanced training, and utilization of a significant number of 'grounding tools' that will support those goals and make them become a reality." Predictably, for this highly accomplished woman who is already one of the country's leading young professionals, flashy new cars, multi-million dollar homes, yachts and other expensive toys are not the visuals that represent success. Rather, they are hugs of genuine gratitude from her four children, a home-cooked meal that includes fresh vegetables from her physician husband's lovingly tended garden, and a chance for the family to play board games that are both fun and educational. In addition to her long list of accomplishments, Farzanna's energy, drive, intelligence, intuition, common sense, enthusiasm, and magical way of approaching life as an adventure are a living testament to her formula for success.

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