



The Moving Body (Le Corps Poétique): Teaching Creative Theatre (Performance Books)

Jacques Lecoq

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'In life I want students to be alive and on stage I want them to be artists' Jacques Lecoq

Jacques Lecoq was one of the most inspirational theatre teachers of our age. The International Theatre School he founded in Paris remains an unrivalled centre for the art of physical theatre. In *The Moving Body*, Lecoq shares his unique philosophy of performance, improvisation, masks, movement and gesture which together form one of the greatest influences on contemporary theatre.

Neutral mask, character mask, and counter masks, *bouffons*, acrobatics and *commedia*, clowns and complicity: all the famous Lecoq techniques are covered here - techniques that have made their way into the work of former collaborators and students including Dario Fo, Julie Taymor, Ariane Mnouchkine, Yasmina Reza and Theatre de Complicité.

This paperback edition contains a Foreword by Simon McBurney, Artistic Director of Complicité and an Afterword by Fay Lecoq, Director of the International Theatre School in Paris.

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