



# Grieving A Loss: Scriptures On Grief Recovery And Coping With Grief And Loss

*Chris Adkins*

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*You will find comfort and hope again with these healing scriptures on dealing with grief and loss*

As unique and special as we each are, we all grieve at some point in our lives. Grief comes in many forms and can affect us all in different ways. We can experience that horrendous feeling of loss, whether it is a loss of a loved one, loss of possessions, a pet, job, relationship or any other circumstance that crosses our path.

It may feel like the normal reactions of the pain and sadness that you are experiencing is never going to let up. You may find yourself devastated, anxious, full of fear, and hopelessness seems to overwhelm you. It may even be difficult finding the words to describe the deep sorrow and loss that you feel. You may feel like nobody understands the extent of your heartbreak. It feels so surreal, but you know you must move on and get through the heart wrenching tough times of the grieving process. So, how do you get through this? How do you go on? How do you overcome such debilitating grief?

The 'Grieving A Loss' book is a collection of scriptures compiled to help you through those thoughts and feelings that can often time overwhelm us. We can reach within ourselves and find precious nuggets of strength to carry on, by allowing ourselves to be comforted and strengthened by the word of God. He has much to say about the subject of grief and sorrow. Find comfort and hope again and let the reassuring words of the Holy Scriptures heal your grief. These scriptures share wisdom, insight, hope and comfort that will help you through and beyond your grief! Be encouraged by the scriptures, inspired and written by the all-loving God. Jesus said, He is familiar with our weaknesses and the pains of this life. He sent the Comforter to comfort us in a time of need. You can go to your quiet place to seek this peace, joy, and inspiration.

Remember, you can have hope and happiness! Whatever the past we own, we have today, and we have tomorrow! Be patient with yourself, and allow the process to naturally unfold. Overcoming grief is never an overnight process. I am very sorry for whatever loss or grief you are facing today. I pray that your mourning is turned to joy very soon!

**Grab This Book For A Life-Changing Experience!**

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