



Basketball's Amoeba Defense: A Complete Multiple System (Coaching Classic)

Fran Webster

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Complete Multiple System of Basketball Defense. A basketball guide that teaches the skills you need to lead your team to victory by showing your defensive squad how to stop today's best offensive patterns.

Says Al McGuire, CBS: "Cincinnati is really well coached. (They play the) Amoeba Defense...their defense is their offense."

Says Curry Kirkpatrick of Sports Illustrated: (The Amoeba is a)... "Marvelous junto of a defense..."

Says Philadelphia Inquirer: "Opposing guards bringing up the ball yelled 'man' but the guys along the baseline were shouting 'zone'..." **CREATE YOUR OWN DEFENSE USING AMOEBAS FUNDAMENTALS**
Once you've mastered Amoeba principles, you can:

Dust off that old favorite defense and add Amoeba techniques.

Start in any defensive formation - then slide into the Amoeba.

Add Amoeba options to any successful defense to give it new effectiveness.

AMOEBAS FUNDAMENTALS CAN BE ADAPTED TO ANY ZONE OR MAN-TO-MAN DEFENSE

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