

The Power of Mindful Learning (Chinese Edition)

Ellen J.Langer

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The Power of Mindful Learning (Chinese Edition) Ellen J.Langer

This book is focused on several ""myths"" in learning, which it is that making learning difficulty instead of easy and full of fun. Discussed in this book, ""learning"" includes not only course learning, but also learning of PE, of playing musical instruments and of commerce. Besides, readers will get the message from this book, that is mindfully teaching is easy.



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