



Guide to Good Food: Instructor's Edition

Velda L. Lergen, Deborah L. Bence

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Guide to Good Food provides an in-depth look at how to select, store, prepare, and serve nutritious, appealing dishes. Menus and recipes with easy-to-follow, step-by-step directions and nutritional analyses are included. Food-related careers are profiled in every chapter, and Career Success features are found throughout. The Instructor's edition contains a variety of instructional support in the margins of each page to supplement your instruction.

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